

# **Leadership from within**

## **Purpose, Ethics and Values in Action**

**March 23 - 25, 2017**

**The Netherlands**



**'Yesterday I was clever, so I wanted to change the world.  
Today I am wise, so I am changing myself.' - Rumi**

### **Are you...**

- a young professional or 'young at heart'?
- ambitious and looking to make a difference in today's society?
- looking for ways to further explore your purpose, values and ethics?
- enthusiastic about going on this journey with inspiring people?

**Join us on the Leadership from Within program.**

### **Approach**

A three-day program to dive into the mechanisms of the human brain and investigate our perceptions. Let go, build trust and take initiatives. Turn new understandings and experience into action by learning to lead ourselves and our life. Combine theory and practice, use storytelling, experiential learning and mindfulness, to become fully aware of attitudes and behaviours. It will serve as a first step towards conscious choices and behavioural changes in our personal and professional lives.



**Register through our online form**  
[goo.gl/gJuMoi](http://goo.gl/gJuMoi)

**Thursday 23 March from 11am  
to Saturday 25 March 5pm**

**Apollo Hotel - De Beyaerd Hulshorst, The Netherlands**

## **Program**

Day 1 | focus on slowing down and discover how your brain maps the world around you  
Day 2 | explore your purposes and experience systemic work and family constellations  
Day 3 | start exploring, applying and living your values – To ‘walk your talk’

Included in your journey, is an individual coaching session in the month following the three-day training.

## **Trainers**



**Alexandra Berg | ‘What the world needs is people with hearts that sing’**

Founder of Caring Group of Sweden, Facilitator & Coach  
Expertise: values-based leadership and inner motivation



**Christiaan Groen | ‘There is no way to Happiness – Happiness is the way’**

Founder Groen Training & Advies, Facilitator, Trainer & Coach at Initiatives of Change NL  
Expertise: collective and individual, systemic work, family & organizational constellations



**Veronique Sikora | ‘Be the change you want to see in the world.’**

Founder of Weaving Social Fabric based in Switzerland, Facilitator & Coach  
Expertise: knowledge sharing, business communications, ethical leadership

## **Registration and fees**

Register through our online registration form before March 1, 2017: [goo.gl/gJuMoi](http://goo.gl/gJuMoi)

### **Please find the fees below:**

Corporate: € 600,- (training fee) + € 350,- (accommodation + meals)\* = € 950,-

NGO/ Private: € 350,- (training fee) + € 350,- (accommodation + meals)\* = € 700,-

\* accommodation: a single room for 2 nights including breakfast, lunch and dinner.

**Early bird:** €75,- discount if you register before Friday February 17, 2017.

If you have any questions, please contact Christiaan Groen via [christiaangroen@iofc.nl](mailto:christiaangroen@iofc.nl)